

Essential drugs / Oral drugs

## ZINC SULFATE oral

### Therapeutic action

- Micronutrient

### Indications

- Adjunct to oral rehydration therapy in the event of acute and/or persistent diarrhoea in children under 5 years

### Forms and strengths

- 20 mg scored and dispersible tablet, packed in a blister

### Dosage and duration

- Child under 6 months: 10 mg ( $\frac{1}{2}$  tablet) once daily for 10 days
- Child from 6 months to 5 years: 20 mg (1 tablet) once daily for 10 days



Place the half-tablet or full tablet in a teaspoon, add a bit of water to dissolve it, and give the entire spoonful to the child.

### Contra-indications, adverse effects, precautions

- No contra-indication.
- If the child vomits within 30 minutes after swallowing the tablet, re-administer the dose.
- Do not give simultaneously with ferrous salts, administer at least 2 hours apart.

### Remarks

- Zinc sulfate is given as an adjunct to oral rehydration therapy in order to reduce the duration and severity of diarrhoea, as well as to prevent further occurrences in the 2 to 3 months after treatment. Zinc sulfate must never replace oral rehydration therapy which is essential (nor can it replace antibiotic therapy that may, in specific cases, be necessary).

– Storage: below 25 °C -  - 

*Tablets are packed in a blister. Leave tablets in blister until use. Once a tablet is removed from the blister, it must be dissolved and administered immediately.*

