**How to Download the World Health Organization Software to your computer to analyze the Nutritional Status of Children and Communities:**

**Anthro Software for age 0-60 months:** Free Download from WHO website

Free Download from WHO website

Child Growth Standards 0-60 months

[WHO Anthro Survey Analyser and other tools](https://www.who.int/tools/child-growth-standards/software)

 Then while at that site, click on WHO Anthro exe

This will download the program to your computer.

This may be saved to your Local Disk C as  “WHO”. We recommend that you send it to your desktop as a shortcut, for easy access.

Study the manuals and all of the supporting materials. Practice and become familiar with the programs before you start using them in your work.

**AnthroPlus Software for age 5-19 years:**

Free Download from WHO website

Child Growth Reference: 5-19

[Growth reference data for 5-19 years](https://www.who.int/growthref/en/)

 To download the program, click on Application Tools, then download software:

[Application tools](https://www.who.int/growthref/tools/en/)