|  |  |  |
| --- | --- | --- |
|  | Nutrition FactsServing Size 1 Package 80cc (96 g) Servings per container 1 |  |
| Amount per serving |
| Calories 544 Calories from Fat 288 (53%of Total Calories) |
|  %Daily Value\* |
| Total Fat 32g 49.2%  |
|  Saturated Fat 6g |  |
|  Trans Fat 0g |
| Cholesterol 2.66mg |  |  |  | <1% |
| Sodium 57mg |  |  |  | 2.4% |
| Total Carbohydrate 47.4g  |  |  |  | 15.8% |
|  Dietary Fiber 3.6g |  |  |  | 14.4% |
|  Sugars 36.2g |  |  |  |  |
| Protein 16.6g |  |  |  |  |
| Potassium 1115mg |  |  |  |  |
| Fortified with all 21 Essential Micronutrients plus Magnesium, Calcium, Phosphorous & Potassium |
| \* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs. |
|  | Calories | 2,000 | 2,500 |
| Total Fat | Less than | 65g | 80g |
|  |  Saturated Fat | Less than | 20g | 25g |  |
|  |  *Trans* Fat |  |  |  |  |
|  | Cholesterol | Less than | 300mg | 300mg |  |
|  | Sodium | Less than | 2,400mg | 2,400mg |  |
|  | Total Carbohydrate | Less than | 300g | 375g |  |
|  | Dietary Fiber |  | 25g | 30g |  |

 MAMA Super Bar May 2019

Ingredients: Peanuts, Fat Free Milk, Molasses, Vitamins & Minerals Allergens: Milk & Peanuts

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