



# MAMA Modified NinguYum to make F75 SuperDrink

Ingredients	Wgt in lb	Wgt in Kg	Volume in level 8 oz, 240 cc cups	Volume cc- Level measure	Change from original
Peanut butter	2.5	1.13	4.5		1/2
Nonfat Dried skim milk- Instant			4	960	No change
Sugar			13 cups	3,120	3.25 X increase
<b>MAMA Macro Blend</b>			½ cup	120	Doubled amount
<b>MICROMIX</b>			"1/24"	10	No change
<b>Instructions:</b>					
Measure the Nonfat dried milk into a bowl					
Add <b>MAMA Macro Blend &amp; MICROMIX</b> to the Nonfat dried milk					
Measure the Peanut butter into a large bowl. Be sure that the oil is fully blended in before measuring					
Measure the sugar & Mix with peanut butter					
To the wet mixture, add the dry ingredients and mix again					
Scoop 1/3 level cup the mixture, transfer to packing funnel, and press into the into the designated ziplock bag.					
Close and shape into bar.					

Nutritional Supplement Containing Peanuts, Molasses, and Milk, Fortified with **MICROMIX**: All 21 Essential Micronutrients and **MAMA Macro Blend**: Macronutrients: Calcium, Phosphorus, Potassium, Magnesium, & Sulfur

Peanut Butter is made from roasted peanuts without added salt, sugar or other ingredients. Each bar contains 408 calories

For Refeeding, Stabilization Formula ~F75 can be made by mashing one bar and adding sufficient clean water to make 1 liter. Stir till dissolved and shake of stir vigorously before pouring each serving. Serve according to child's weight and presence or absence of edema. Start every 2 hours around the clock. Increase interval as child improves. After a few days, advance to F100. If signs of worsening condition, stop advancing the amounts until condition stabilizes.