

MAMA PROJECT, INC.



2012 Annual Report

MAMA Project
 Mujeres Amigas-Miles Apart
 (Women Friends-Miles Apart)
 Nutritional Rehabilitation
 Medical & Dental Brigades
 Work Teams
 Preschools
 Cross Cultural Training
 Deworming & Vitamin A
 Campaigns
 Donating Medical & Dental
 Equipment & Supplies
 Community Development
 Scholarships
 Child Survival Training

MAMA Project is a Non-Profit
 Charitable Organization under
 Section 501(c)(3) of the U.S.
 Tax Code—
 Federal Tax Identification
 #23-2993647.

All donations given to MAMA
 Project are tax-deductible and a
 receipt will be sent to donor.

All photos were taken by
 MAMA Project Staff or Service
 Team Members and used with
 permission.

2012 MAMA Project Board of Directors

Priscilla Benner, President	Steve Hackman
Ruth Cole, Vice President	Judy Jones
Barbara Scheick, Secretary	Richard Moyer
Barbara Rice, Treasurer	Timothy Weaver
Marlene Frankenfield	

2012 MAMA Project Staff

Priscilla Benner, MD; Director
 Herman Sagastume, MD; Field Director
 Amanda Sagastume; Program Coordinator
 Faye Zeigler; Haiti Scholarships
 MAMA Project Inc. en Honduras
 San Francisco de Yojoa, Honduras
 Proyecto MAMA
 San Pedro Sula, Honduras



MAMA's work in Honduras officially began in
 1987. 2012 marked the 25th Anniversary!!
 Join us as we look back at the work that we
 have been doing these past 25 years and as
 we look to the next 25+ years!!

MAMA Project's **mission** is "to be a network to promote health and wholeness working through partnerships on many levels both national and international, involving many sectors of society both public and private - joining forces to deal with problems that rob children of their chance to experience 'Shalom'."

MAMA Project's **vision** is "to build a 'wall of protection' around children born into adverse environments to allow not just survival but also development to their full potential."



Nutritional Rehabilitation Center
MAMA Project Inc. en Honduras
San Francisco de Yojoa, Honduras

The Nutrition Center has been our main focus during the last 25 years. We continue to help many children each month. From January 1 to September 30, 2012, we had 39 mothers with their 80 young children come to the Nutrition Center. Each person received medical care and education while at the Center for, on average, 30 days.

You can see pictures to the right, some of the beginning days of the Center and some more current. The end result of helping the children and educating mothers continues strong!



A Typical Day at the Nutrition Center

Families and MAMA Staff participate in daily devotions with prayer.

Children spend time in activities such as drawing, coloring, playing with balls or other toys, riding bikes, playing on the swingset. Activities vary depending on the age of the child. When a child enters the Nutrition Center, usually they do not participate in many activities because their bodies are weak with sickness. As their health improves, the child becomes more active.

Mothers have a daily lesson. There are 20 different lessons that they learn while at the Center. All lessons are around the idea of healthy living and hygiene.

If supplies are available, mothers also learn a handicraft such as knitting, crocheting, embroidery, or sewing. This gives them a skill that they can use to possibly make money for their family in the future.

All meals served at the Nutrition Center are prepared with the micronutrient powder. Mothers are taught healthy foods that they can prepare for their families as well as how to use the micronutrient in their daily diet.

Children are given the necessary medicines to treat their illness and see a doctor weekly. However, the treatment that most of the children need is food.

Currently we have a waiting list of families with children to come to the Nutrition Center.



Mission Teams

MAMA Project Inc. en Honduras San Francisco de Yojoa, Honduras

When we first dreamed about a partnership mission project between Mennonite women in Pennsylvania and Honduras, we envisioned much of what MAMA has grown to be. Starting in the early 80's, we talked of a program to impact Child Survival by teaching mothers, fighting malnutrition with a specially designed micronutrient enriched SuperBar, deworming, and providing better access to medical care by training volunteers in the villages to treat common illnesses. But Mission Teams? We never saw them coming...at first. Even by 1985, when MAMA was named "Mujeres Amigas (Women Friends) Miles Apart", and we were committed to the vision, we didn't see the hundreds of teams, and thousands of Hondurans and North Americans whose lives would be impacted by the chance to work together face to face and side by side in urban squatter villages and rural mountain villages. We didn't imagine the profound impact that

the experience of sharing each other's lives, and hearing each other's stories would have on people who were able to open their hearts to each other and share the journey for a time.

The first mission teams in 1987 worked in latrine construction, deworming and vitamin A distribution. MAMA has learned a great deal in the past 25 years, and our current brigades reflect the benefits of having figured out some good ways to accomplish our tasks more efficiently. But, even though we were learning, literally, on the road doing our work in the streets, making friends under the hot sun, getting sick, and having tremendous logistical problems, we were motivated to continue the work by the magnitude of the challenges and the joy of being able to share with those in need. No matter what stages of development our work has been in, both Honduran and visiting participants have been profoundly affected.

Early teams (before cell phones and experienced Honduran staff were in place) endured more logistical tribulations. But still to this day even

in the cities and more in the rural villages, conditions remain very challenging. Absent or undependable electricity, no plumbing, and bad roads haven't changed very much in many of the places that we work.

Our first four villages were located within the city limits of San Pedro Sula, Honduras, but the people received few of the benefits of city dwellers. The conditions were unforgettable, with

The history of Mission Teams is taken from Dr. Priscilla Benner's article in the May 2012 MAMA News.



open sewers, and regular predictable flooding during rainy season. Children were dying of diarrhea, without medical care, even though they lived within walking distance of the hospital. Then the city started bulldozing those slums, and moving the people into worse conditions, swampland, not fit for human habitation. Our teams visited and witnessed. They brought cement, medical care, nutrition work and deworming campaigns to the new communities, but, perhaps their greatest contribution was moral support.

After the first few years, the original villages were improved, and malnutrition was under better control, so we decided to expand our work out to rural areas. In the mid 90s we started planning a nutritional rehabilitation center, and teams started the construction in San Francisco de Yojoa.

Brigades now include medical and dental treatment, deworming, anemia testing, detecting growth stunting and wasting in children, reading glass dispensing, nutrition and health teaching, and micronutrient distribution. We have turned our lessons learned into a training course on Child Survival to facilitate the sharing of ideas as MAMA moves into new places.



In 2012, we had 13 volunteer mission teams that went to work in the area of San Francisco de Yojoa, Honduras. In total there were 200 team members.

The mission teams traveled to 59 communities. While in those communities, the teams participated in medical, dental, and construction brigades.

Number of Medical Consultations: 6,393

Number of Dental Consultations: 1,453

Number of Floors Cemented: 144 benefiting 783 family members

Number of Deworming Pills (Albendazole) distributed: 6,053

Number of Vitamin A Capsules (children 0-60 months) distributed: 2,839

Number of Water Filtration Systems donated to communities: 19

Number of Reading Glasses donated: 1,237

In addition to the above, many toys, small gifts and New Testaments were handed out in each community.

Child Survival Training



MAMA Project teaching mothers and families in the Nutrition Center in San Francisco de Yojoa, Honduras, in the early days.

Some of us were born into regions of the world where the economy was healthy and opportunities to succeed and follow our dreams were available. We may forget that the presence or absence of opportunity was shaped by events of the past that robbed some of their heritage, and bestowed unwarranted favor on others.

Since the beginning, MAMA Project has learned a lot from the experiences of others with similar vision, and we have shared our ideas with them. In recent years, this has become more formalized as we have offered our materials in the form of a Child Survival Training Course, which has been available online as well as in scheduled trainings. Not only do we train our own service teams, but we adapt the same material for village health volunteers, and for other government and non-profit agencies and ministries that are interested in using some of MAMA Project's systems and materials. In 2012 we held a Child Survival Training in Pennsylvania, training other organizations how to use MAMA's Child Survival Programs in the country where they work.

It was wonderful to hear one of our village volunteers declare that since working with MAMA they no longer see children dying in their community, whereas in the past it was a common occurrence.



Dr. Priscilla Benner teaches the Child Survival Training to community leaders in San Francisco de Yojoa, Honduras at the MAMA Nutrition Center.

Micronutrient Program

In the beginning years of MAMA Project, much time was spent in the research and development of its own Ready-to-Use Therapeutic Food. In the early days, MAMA developed the Superbar or super cookie. This cookie was similar to a molasses cookie, made with soy flour and a small amount of vitamin powder. A malnourished child could eat three of these cookies a day and have the required amount of minerals and vitamins needed to grow healthy.

The Superbar was effective but costly and Dr. Benner knew there had to be a better way to get the much needed vitamins and minerals to the children in need.

In order to reach the greatest number of children, we adapted our strategy to empower the mother to fortify food in her own home. This way of targeting the most important cause of childhood death - "micronutrient malnutrition" - by adding the life-saving nutrients to the child's food in the home is becoming an internationally recognized Child Survival strategy by many other organizations as well.

For the past 3 years, MAMA volunteers have been handing out small packets of vitamin mix with instructions on how to mix it with the child's first meal of the day. Children are weighed and, once determined their nutrition levels, are told how many mini-spoonfuls they need to add to their food daily. The powder does not alter the taste or color of the food but provides all the vitamins and nutrients necessary for healthy growth.



Rosa explains the reason for adding micronutrients to food daily for good nutrition.

2012 Financial Statement

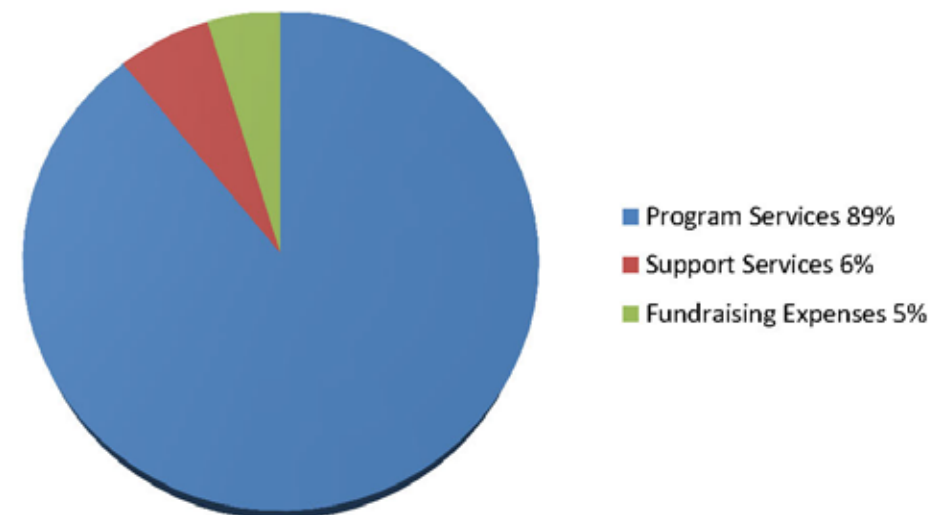
INCOME	Actual 1-1-2012 to 9-30-2012	Budget 10-1-2012 to 9-30-2013
Cash Contributions	\$423,885	\$572,500
Gift-in-Kind donations	\$146,411	\$250,000
Investment Income	\$27	\$0
TOTAL INCOME	\$570,353	\$822,500
EXPENSES		
PROGRAM SERVICES		
Child Survival Programs	\$14,963	\$71,500
Gift-in-Kind Donations & Shipment	\$167,580	\$258,000
Haiti Scholarships	\$23,977	\$30,000
Honduras Programs	\$91,587	\$158,000
Mission Team Donations	\$237,461	\$215,000
Program Management	\$535,568	\$732,500
SUPPORT SERVICES		
	\$36,636	\$55,000
FUNDRAISING EXPENSES		
	\$28,378	\$34,100
TOTAL EXPENSES	\$600,582	\$821,600

Note: MAMA Project has many programs that only take place if the funding is available.

Gift-in-kind donations include medicines, medical equipment and supplies, used clothes and shoes, and other household items.

In 2012 the fiscal year was changed. Therefore, 2012 was a short fiscal year (only 9 months).

2012 Expenses



Other Organizations:

MAMA Project is a member of:

- Upper Perkiomen Valley Chamber of Commerce
- Christian Service Charities
- Christian Connections for International Health
- No-Noma Foundation

MAMA receives deworming medicines from “Worm Project” and medicine donations from “Brother’s Brother Foundation”, TEVA Pharmaceuticals, and D.O.E.R.S.

MAMA’s financial donations are from individuals, businesses, and family grants.



*MAMA Project, Inc.
2781A Geryville Pike
Pennsburg, PA 18073
Phone/FAX: 215-679-4338
mamaproject@enter.net
www.MAMAProject.org*